**WORKSHEET**

Follow along with this video as we learn about Superior Fresh and aquaponics and hydroponics.

1. What type of fish does Superior Fresh grow?

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1. Besides fish, what else do they grow?

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1. True or false. Superior Fresh is a family business.

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1. How many acres is the native restoration project that Superior Fresh is housed on?

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1. How often does Superior Fresh get eggs which they then hatch on site?

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1. What country does the fish feed come from?

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1. How long does it take for the greens to get to your local store?

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1. Draw a lettuce plant growing in the hydroponics container. Include all the parts.